Parklands PSHE Curriculum Year 2020-2021



	Year 3	Year 4	Year 5	Year 6
Autumn 1 (6 wks and 3 days) Me and My Relationships Special Week – Black History Week Autumn 2 (8 Weeks) Valuing Difference Special Week – Anti-Bullying Week	 As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Thunks Friends are special Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our difference Zeb 	 An email from Harold! Ok or not ok? (part 1) Ok or not ok? (part 2) Human machines Different feelings When feelings change Under pressure Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with That is such a stereotype! 	Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Being assertive Our emotional needs Communication Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? It could happen to anyone	 Working together Let's negotiate Solve the friendship problem Assertiveness skills Behave yourself Dan's day Don't force me Acting appropriately It's a puzzle OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? – challenging gender
Spring 1 (6 Weeks)	Safe or unsafe?Danger or risk?	Danger, risk or hazard?	'Thunking' about habits	stereotypes Think before you click!
Keeping Myself Safe Special Week – The Great Collection	 The Risk Robot Alcohol and cigarettes: the facts Super Searcher 	Picture WiseHow dare you!Medicines: check the label	 Jay's dilemma Spot bullying Ella's diary dilemma Decision dilemmas 	Traffic lightsTo share or not to share?Rat Park
	 None of your business! 	Know the norms	Play, like, shareDrugs: true or false?	What sort of drug is?

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Spring 2 (6 Weeks) Right and Responsibilities Special Week – Global Issues Project	 Raisin challenge (1) Help or harm? Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project 	 Keeping ourselves safe Raisin challenge (2) Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers 	 Smoking: what is normal? Would you risk it? What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference 	 Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) Joe's story (part 2) Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts
	 Can Harold afford it? Earning money 	Logo quizHarold's expensesWhy pay taxes?	 Spending wisely Lend us a fiver! Local councils 	 1&2) Happy shoppers Democracy in Britain 1 – Elections Democracy in Britain 2 – How (most) laws are made
Summer 1 (5 Weeks with a BH) Being my Best	 Derek cooks dinner! (healthy eating) Poorly Harold For or against? I am fantastic! 	 What makes me ME! Making choices SCARF Hotel Harold's Seven Rs 	 Getting fit It all adds up! Different skills My school community (2) 	 Five Ways to Wellbeing project This will be your life! Our recommendations
Special Week – Mental Health Week	 Getting on with your nerves! Body team work Top talents 	 My school community (!) Basic first aid 	 Independence and responsibility Star qualities? Basic first aid 	 What's the risk? (1) What's the risk? (2) Basic first aid
Summer 2 (7 weeks and 3 days)	Relationship TreeBody spaceSecret or surprise?	Moving houseMy feelings are all over the place!	How are they feeling?	Helpful or unhelpful? Managing change

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Growing and Changing Special Week – Real-World Learning	 My changing body Basic first aid 	 All change! Period positive Secret or surprise? Together 	 Taking notice of our feelings Dear Hetty Changing bodies and feelings Growing up and changing bodies Help! I'm a teenager – get me out of here! Dear Ash Stop, start, stereotypes 	 I look great! Media manipulation Pressure online Is this normal? Dear Ash Making babies What is HIV?
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